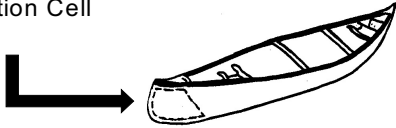


LAKE ST. GEORGE FIELD CENTRE

Canoeing with Young Diplomats - Policy, Practices and Consent Form

Flotation Cell



Dimensions:

Length - 16'
Beam - 36"
Depth - 14"
Carrying capacity - 940 lb (426 kg)

THE LAKE:

Lake St. George is a small lake of about 10.1 hectares (25 acres) in size, and very safe for canoeing.

CRAFT SPECIFICATION AND CAPACITY:

The canoes used at Lake St. George are 16' Scott Tripper fiberglass with aluminum frames and gunwales, and bow and stern flotation cells which ensure positive flotation at all times (*see diagram*). Each canoe can safely carry three people. However, whenever possible, loading will be limited to two persons per canoe to maximize learning.

STAFFING:

Canoe programs require the presence of Lake St. George staff with current National Lifeguard Service (NLS) lifeguarding qualification, and Ontario Recreational Canoeing Association (ORCA) Flatwater 1 (Canadian Style Paddling) canoeing qualification.

PARTICIPANT REQUIREMENTS:

In order to canoe at Lake St. George, participants must have:

a) a signed parental permission form allowing them to participate

b) passed the following swim test

✓ swim 50m (150') continuously any stroke

✓ tread water for 3 minutes

✓ demonstrate the HELP/huddle positions

✓ put on a PFD in the water

Lake St. George lifeguards with current NLS certification will conduct this swim test at the Lebovic Leisure Centre in Stouffville.

LIFE JACKETS AND SAFETY:

Regulation life preservers or Personal Flotation Devices (PFDs) are issued to all participants and staff and must be worn at all times during the canoeing program. All canoe programs will include safety training including safe entry and exit from canoes, and canoe rescue procedures.

Canoeing Consent

Only participants who have signed parental permission below, and who meet the swimming prerequisites outlined above will be allowed to participate in the canoeing program.

Please check ONLY ONE of the following boxes and sign where indicated.

I have read the information above about the canoeing program at Lake St. George and,

I give my permission

I DO NOT give my permission

for _____ to take part in the canoeing program at Lake St. George.

(Print child's name)

Signature of Parent/Guardian



Date

